

Non Dairy Ice Cream Recipes

Strawberry:

- 4 bananas, sliced and frozen
- ¾ cup coconut milk
- 2T simple syrup
- 1½ cups of strawberries, frozen
- ½ cup fresh strawberries, diced

Place frozen bananas, coconut milk and simple syrup in the blender or food processor. Blend until thoroughly combined, scraping the sides of the container as needed. Add frozen strawberries to the container and blend until combined. Stir in fresh strawberries by hand. Enjoy now (as a soft serve consistency) or place in the freezer and enjoy later!

Chocolate Chip Banana:

- 6 bananas, sliced and frozen
- 1½ teaspoon vanilla extract
- ¼ cup chocolate chips, plus additional for topping

Place frozen bananas and vanilla in the blender or food processor and blend until the consistency of soft serve ice cream, scraping the sides of the container as needed. Add chocolate chips and blend until combined. Pour into a container and top with the additional chocolate chips. Enjoy now (as a soft serve consistency) or place in the freezer and enjoy later!

Pineapple Whip:

- 4½ cups pineapple, chopped and frozen
- ¾ cup cream of coconut

Place both ingredients in the blender or food processor and blend until thoroughly combined, scraping the sides of the container as needed. Pour into a container and place in the freezer for 3-4 hours and then enjoy!