

Scripture for Sunday, May 10, 2020: [Luke 10:38-42](#)

Choose experiences as a family to further explore this story about Mary and Martha.

Gather

You may wish to light a candle to mark this time together. Select one or more questions to discuss:

Who are some important women in your life? What makes each of these women special?

What is your super-power? What do you love to do?

How do you make time for God each day?

Where did you see God this week?

Hear the Story

Read Luke 10:38-42 from your favorite bible. Or, choose a comfortable version from www.biblegateway.com. Perhaps you will want to start with the Easy-to-Read version with children.

Read this summary from [Growing in Grace and Gratitude](#) which also includes family activities.

Watch a video retelling:

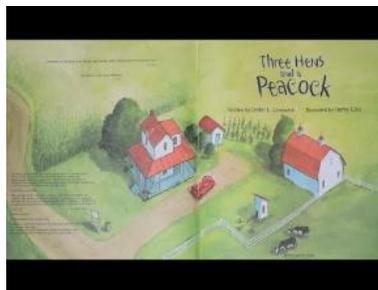
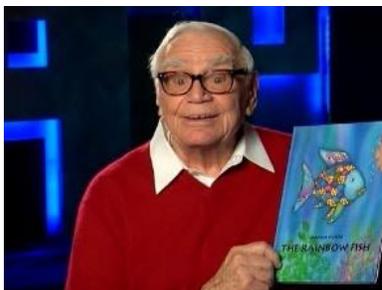


Respond

Retell the story using these [puppets](#) or make your own. (Mary and Martha puppets)

To celebrate the good news that each of us is gifted by God with purpose:

- Choose safe options from is the [Great Kindness Challenge Family Edition](#).
- Listen to and discuss a story:



To explore finding time for God:

- Print this [finger labyrinth](#) or make your own with a [paper plate and aluminum foil](#) or [Lego!](#)
- Make a “calm down” bottle with water and [simple 1 ingredient!](#)
- Have you tried [Cosmic Kids Yoga](#)? There are so many experiences to choose from!
- Check out these [deep breathing cards](#) or a fun video from Sesame Street!



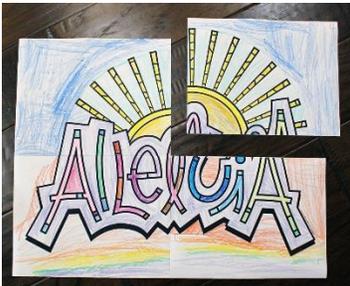
- Listen to and discuss [Every Which Way to Pray](#) by Joyce Meyer. One of Ms. Jen’s favorite books!



Go Forth

Dear God, thank you for making each of us special so that we can live together, work together, and help one another. Help me to take time each day to act with kindness, look for kindness, and find time to be with you. Amen.

Work together as a family to color this beautiful [Alleluia poster](#) from Illustrated Ministry. There are four pages that combine into one poster. If you have more than four people, you can cut these pages in half.



At mealtime, choose a question to discuss from [5 Questions to Ask Kids](#). This is a great page to post on the refrigerator!

Share your experiences with Ms. Jen at jlanglois@covenantfrazer.org. Miss you! 😊